



HIGHER GROUND

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Higher Ground Sun Valley – Adaptive Sports Program Winter Recreational Therapy Intern Job Description

Job Summary

Under the supervision of a Certified Therapeutic Recreation Specialist (CTRS), the Recreational Therapy Intern will provide assistance to HG Adaptive Sports through all aspects of the assessment, planning, implementation, and evaluation (APIE) process.

Supervisor

Internship & Impact Manager (CTRS) or Director of Adaptive Sports (CTRS), and Recreation Program Director (CTRS)

Responsibilities

HG Adaptive Sports Winter Intern will be expected to: perform as an integral part of HG adaptive snowsports team for entire winter season; form professional relationships with participants, staff, volunteers, and board members; track own hours for NCTRC (National Council for Therapeutic Recreation Certification) internship requirements; and complete midterm and final self-evaluations. Specific duties will be determined as appropriate, but may include the following: clinical assessments; planning, scheduling, and implementation of lessons and programming; volunteer and employee management; database operations; co- and lead facilitation of activities, snowsports lessons, and other therapeutic initiatives; documentation of client goals, interactions, and progress; contribution to, and composition of, post-program summaries and After Action Reviews; hands-on support with HG events; completion of a special project.

Qualifications

- Working toward undergraduate or graduate degree in Recreational Therapy or related field
- Completion of Idaho State background check & valid driver's license
- Basic computer processing skills including MS office required
- Clear written and verbal communication skills
- Alpine skiing and/or snowboarding experience
- Experience with programming for people of all abilities
- Ability to give and receive feedback in a positive manner
- Commitment to all responsibilities and expectations
- Can-do attitude, willingness to step outside comfort zone, motivated, self-starting
- Experience with people with physical and/or cognitive disabilities is preferred

Hours and Days

Winter Adaptive Sports internships are scheduled November 15th through April 15th, a five month commitment. In accordance with NCTRC standards, each recreational therapy intern will track hours for a minimum of 14 consecutive weeks during their placement (which will exceed the number of hours required by NCTRC). The Recreational Therapy Intern will be expected to work 40-45 hours per week which may include weekends and holidays.

Benefits

Membership to the Wood River YMCA, access to a ski pass, opportunity to earn PSIA Adaptive Level 1 certification, and a modest stipend.

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