



Coronavirus (COVID-19) Impact on Programs & Events

Dear Chapters of Disabled Sports USA:

The safety of all our members, volunteers, staff and employees is always our first priority. We know there are questions and concerns about how COVID-19, commonly known as the Coronavirus, could affect your organization's programming. Please know that we are monitoring developments regarding COVID-19 both locally and through the [Centers for Disease Control and Prevention \(CDC\)](#).

The following information regarding events and prevention measures is based on available guidance. This information is subject to change as the situation evolves. We will continue to update you on relevant developments and ask for your understanding of any necessary adjustments in the interest of health and safety.

Decisions about conducting meetings, programming, and events should be made by leadership and in conjunction with the most current CDC and local health department guidelines.

[Operations and Communications Planning](#) is recommended to help your chapter and community remain safely active while dealing with the impact COVID-19.

Everyday Preventive Measures

It is critical that we all take these everyday preventive actions to help prevent the spread of respiratory diseases:

- **Stay home when you feel sick.**
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth, and wash your hands before and after doing so.
- **Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you don't have a tissue, cough or sneeze into your upper sleeve/elbow, not your hands.**
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Do not share personal items such as cups, water bottles, eating utensils, etc.
- Avoid shaking hands.

- **Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.** If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

If you have a fever, cough, or other symptoms associated with COVID-19, or if you believe you may have been exposed to COVID-19 you should contact their healthcare provider immediately.

Disabled Sports USA appreciates your patience and understanding as we navigate this ever-changing situation together.

[Continue to check DSUSA website for developments.](#)

Disabled Sports USA
disabledsportsusa.org

